DESIGNED AND DELIVERED BY SUCCESS MENTOR

DARREN HARDY

SUPERCHARGE YOUR SUMMER

10-STEP PLAN TO BEAT THE SUMMER SLUMP



SUPERCHARGE YOUR SUMMER

A PERIOD MARKED BY "LETHARGY, INACTIVITY OR INDOLENCE."

-DICTIONARY.COM



WHO KILLED 'MO'?

20%

DECLINE IN WORKPLACE PRODUCTIVITY

19%

DROP IN EMPLOYEE ATTENDANCE

13%

TIME INCREASE FOR PROJECT COMPLETION

2.6X

LONGER LUNCH HOURS 200%

INCREASE IN SHOPPING DURING WORK HOURS

120%

INCREASE OF EMPLOYEES SEARCHING FOR ANOTHER JOB

-AMERICAN EXPRESS' OPEN FORUM



FOR THE LOVE OF 'MO'

Understanding the magical force of	
And how tragic it is when it	

ACTION

Pull your KPIs/Vital Metrics for each of the four quarters of last year (3 years is better). Compare each quarter's performance and use as baseline. Use your accompanying 'MY VITAL METRICS' worksheet.

MY VITAL METRICS

VITAL METRICS - BUSINESS

Q1 _____

02 _____

Q3 _____

0.4

VITAL METRICS TO CONSIDER:

Number of Transactions
Average Order Value
Total Revenue
Marketing Cost / Customer
Customer Satisfaction Rate (NPS)
Response Time
Accounts Receivables

VITAL METRICS - PERSONAL

Q1 _____

02 _____

Q3 _____

04 _____

VITAL METRICS TO CONSIDER (PER WEEK):

Step Count
Workout Days
Meals on Diet Plan
10 Glasses of Water
Home For Dinner
Date Nights
Appreciation Gestures
Moments of WOW
Sales Calls



SUPERCHARGE YOUR SUMMER

Homerin	The Iliad, referred to Sirius as O	rion's dog
rising,	, and the star as being associate	d with
"		" ·

A.K.A... The Dog Days of Summer

Financia	commentators	coined	the p	hrase:
"				· · · · · · · · · · · · · · · · · · ·

Associating the period with low volume and performance.

STEP#1

The rest and recovery we need to replenish our energy sources.

LAST YEAR 169 MILLION DAYS OF VACATION WENT UNUSED.

More than of	
vacationers continue t	0
work during their	
vacation out of	

To operate at high-performance, you have to be ______ and .

PLAN YOUR PLAY

Schedule Your Summer fun.		

ATTENTION LEADERS:

INSIST your team members plan their play! It's the leader who sets the tone, the demands and the expectations.

PLAN YOUR VACATION TODAY.

BUY THE TICKETS.

BLOCK OFF THE CALENDAR.

MAKE A PLAN!

2

SUPERCHARGE YOUR SUMMER

You h	nave to operate as a switch of either
_	or
_	Not as a variance of gears.

SUPERCHARGE YOUR SUMMER

"...WHEN YOU ARE AT THE OFFICE,
BE AT THE OFFICE AND DON'T BE
THINKING ABOUT THE BEACH.
THEN WHEN YOU ARE AT THE BEACH,
BE FULLY AT THE BEACH."

-JIM ROHN



STEP #2 _____ YOUR

SUMMER ACTIVITIES

So you can _____thinking about

them at work.

It will literally release you to be fully focused during work when it's work time.

ATTENTION Leaders:

You have to PUSH your team to schedule their time off so they can be FULLY ON and at full capacity when they ARE working.

List 2-3 summer activities you have planned and why you are looking forward to them.

ACTIVITY #1	
ACTIVITY #2	
Why you are looking forward to it:	
ACTIVITY #3	

3

SUPERCHARGE YOUR SUMMER

Use summer to drive,	
, and	
amongst your team.	

STEP #3

We have						_
than a	t any	time	in	human	history.	

QUICK TIPS

- Put your phone away. Seriously, leave it in a basket by the door. And get your family on board to do the same.
- Set an email auto responder so people know you aren't available and when to contact you.

ATTENTION I FADERS.

You need to INSIST that your team members post an auto-responder with a request to have their message resent at a certain date.

Write down your promise to unplug and how you plan to do it!

STEP #4 CREATE A

Results of a survey asking respondents what is most important to them during the summer months:

28%

ARRIVE AND LEAVE EARLY ON FRIDAYS

HAVING A **COMPANY PICNIC**

DRESS CODE

in the office should

____to keep focus. stay _____

Write out your summertime schedule for you and your team:

STEP #5 MAKE ARRANGEMENTS FOR

QUICK TIPS

- Find and schedule summer or day camps.
- Work elsewhere (like the library, Starbucks or a co-working rental space).

Negotiate a	with
the terrorist cell unit inside your house. Th	nen
promise to enact Step #3 when you are with t	hem.

What are you going to do to make sure the inmates don't start running the prison in your house?

SUPERCHARGE YOUR SUMMER

One of the BIGGEST MISTAKES would-be achievers make during any time of the year is walking into their day with ______.

Do you suffer from

STEP #6 FULLY

"BEFORE YOU START YOUR DAY, FINISH IT ON PAPER."

-JIM ROHN

SUPERCHARGE YOUR SUMMER

Prioritize _____over

It is not the number of hours you work, but what gets produced during each hour.

Measure results _____

ATTENTION Leaders:

According to Gallup the typical person works 50% of their capacity during any time of the year. The rest gets eaten up by chitchat, internet trolling, email, personal business and other distractions.



Now decide how many OFFICE HOURS you are going to allow. And write your plan to keep yourself accountable.

STEP #7 INSTEAD OF _

____ DAYS DAYS, DO

ATTENTION LEADERS:

Remember, for most positions, you are paying for results. Not for hours. Keep your priority where it matters.

7

SUPERCHARGE YOUR SUMMER

Here's why this is a productivity superpower... FLOW.

it s more p	powerful to go	•
	· · · · · · · · · · · · · · · · · · ·	during
compressed	hours and compres	sed days Than
to	and	
more often s	spread out over	

"IF YOU ARE GOING TO RUN WITH THE BIG DOGS... YOU CAN'T PEE LIKE A PUPPY."

-JERRY HARDY

7

ACTION

ommit to working four 10-hour days this summer. Irite your plan of action to make this happen:	

STEP #8

ATTENTION LEADERS:
It's not the volume of trivial tasks complete but the scale of vital priorities achieved.



PLAN YOUR NEXT MONDAY
JUMPSTART. WRITE IT ON
YOUR CALENDAR NOW.

SUPERCHARGE YOUR SUMMER

Nothing captivates the human attention and engagement like a_____.

STEP #9 CREATE

Focus the competition on core themes, initiatives and metrics. But give them a fun twist that your team can enjoy.

A-TEAM EXAMPLE:

SUMMER BUCKET LIST CHALLENGE - JUST FOR FUN!

DOWNLOAD A COPY OF OUR TEAM'S BUCKET LIST UNDER TODAY'S VIDEO.

Come up with your own team challenges. Start brainstorming now:

Plan:		
Challenge Idea #2: -		
Goal:		
Challenge Idea #2: - Goal:		

STEP #10 CREATE

ATTENTION LEADERS:

We all suffer from
The Law of Familiarity. You are
no longer an "expert" or
listened to by the people
closest to you.

QUICK TIPS

- 1. You want to provide the training _____ where they have to apply it.
- 2. The training can't be a ______scenario.
- 3. It's not knowledge training, it is ______training you need.

SUCCESS IS 10% LEARNING KNOWLEDGE AND 90% ACTIVITY KNOWLEDGE.

SUPERCHARGE YOUR SUMMER

Behavior is only trained by _______, something, sequenced over ______, with group ______, and ______.

Take the final steps to beat the summer slump and get a jump on your competition.

Join the summer class of INSANE PRODUCTIVITY!
Stay focused and engaged all summer long.

Get your exclusive access to the summer class at InsaneProductivity.com/Summer



"Truly life-changing! Reduced my stress and increased my focus to be able to increase my revenue by \$500,000."

GREG HAMMOND



"INSANE PRODUCTIVITY is the best program I have purchased and has helped me gain massive results!"

WAYLON CHAVEZ



"INSANE PRODUCTIVITY helped me change many former 'time stealers' to 'focused production healers'. It's been a great resource for battling my procrastination!"

AMY NEAD



"Investing in INSANE PRODUCTIVITY was by far the best investment in training I ever made. In 12 months, I've seen a 300% increase in sales from applying what I learned."

NICHOLAS EGGLESTON



"I've just added a brand new \$72,000 contract to my business directly due to staying focused over the last week thanks to INSANE PRODUCTIVITY."

NATHANIEL LINDQUIST



"I have gotten 5x my investment with this program. I can honestly say this was the launch pad that got me where I am today."

BRUCE CORKHILL



DARREN HARDY RESOURCES



BUSINESS MASTER CLASS

This virtual Business Master Class led personally by Darren for unusually driven business builders with an audacious ambition to pursue massive growth. This is for leaders with a passionate drive to be an industry gamechanger, market authority, or a community transformer.

DHBusinessMasterClass.com



HERO'S JOURNEY

The marketplace landscape has radically changed over the last several years. To lead in the 21st century requires completely different skills and a new level of emotional intelligence. Designed in collaboration with the world's most admired and influential leaders of the modern age, this comprehensive development program will equip you to become the impact maker you seek to be.

HerosJourney.com



INSANE PRODUCTIVITY

For those who desire to be GREAT. INSANE PRODUCTIVITY is the ultimate self-mastery training that will give you the "unfair" success advantage you seek. 10X your productive results. Outperform your competition. Stress less, gain mental clarity and balance, and finally obtain whole-life success.

InsaneProductivity.com



HARDY CLUB

Inside this private virtual Clubhouse is where you get to meet and exchange key ideas, current insights, and new discoveries of what is powering the extraordinary success of these global high achievers now united together in this special Club.

HardyClub.com



THE ENTREPRENEUR FASTPASS

This is the essential training system needed to thrive as an entrepreneur. You will learn learn the best strategies Darren has ever collected from the most successful entrepreneurs in the world, focused on the four critical skills for entrepreneural success: Sales, Recruiting, Leadership, and Productivity. This training course will save you from costly mistakes and significantly accelerate your success.

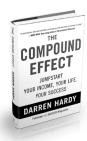
eFastpass.com



JUMPSTART

During this six-week digital training, Darren personally walks you through integrating the Operating System (OS) of the Compound Effect into your life to help you JUMPSTART your success and transform your future. This is the go-to system to easily change the CHOICES, BEHAVIOR, HABITS in accordance with the new goal you have... Or any project you want to accomplish.

JumpStartMySuccess.com



THE COMPOUND EFFECT BOOK AND AUDIO PROGRAM—JUMPSTART YOUR INCOME, YOUR LIFE, YOUR SUCCESS

This is Darren's internationally renown New York Times best-selling book. It is a distillation of the fundamental principles that have guided the most phenomenal achievements in business, relationships, and beyond.

TheCompoundEffect.com



THE ENTREPRENEUR ROLLER COASTER BOOK AND AUDIO PROGRAM

Sixty-six percent of small business fail. It doesn't have to be that way. The Entrepreneur Roller Coaster is the essential guidebook you need to survive the scariest and most thrilling ride of your life. It will guide you safely past mistakes most make and equip you with the essential skills you need to thrive as an entrepreneur.

RollerCoasterBook.com



LIVING YOUR BEST YEAR EVER—A PROVEN SYSTEM TO ACHIEVE BIG GOALS

This is the system Darren has used for more than 25 years to design, stick to and achieve his own big goals. Included this annual journal is a step by step, week by week Achievement Management System which will act as your GPS guidance system all year long.

DarrenHardy.com/BestYear



DARRENDAILY JOURNAL

The DarrenDaily Journal is designed to help you turn ideas into actions. Included in this journal are 260 pages for the 260 days spent together on DarrenDaily each year. It gives you a place to capture your notes and then plan your action on the key idea for that day.

DarrenDailyJournal.com



DARRENDAILY

Join 350,000+ global high-achievers who kickstart their day with DarrenDaily. Receive a specially created video message, under 5 minutes, 260 days a year with one BIG idea to ignite your mind, compound your success and help you become #BetterEveryDay.

DarrenDaily.com



DARRENDAILY ON-DEMAND

DarrenDaily On-Demand is a podcast designed to act as a companion to the DarrenDaily morning mentoring sessions. A way to re-visit, be reminded and to turn ideas into practice and practice, ultimately, into success mastery.

DarrenDailyOnDemand.com