

MORNING ROUTINE

DARREN'S BLUEPRINT TO GAIN THE ULTIMATE DAILY ADVANTAGE

DESIGNED BY SUCCESS MENTOR DARREN HARDY

"Having an identified, predictable routine
grounds and stabilizes you."

DARREN HARDY

2 X 2 MORNING ROUTINE BLUEPRINT

Having an identified, predictable routine grounds and stabilizes you.

SPRINT PREP

Ways I will make getting started on my MVP* easy:

Ways I will Sprint Prep for the days ahead:

Ex: Meal prep, pre-packing suitcase/briefcase, laying clothes out, laying out the book I want to read, etc.

*Uncertain what qualifies for an MVP?
I refer you back to INSANE PRODUCTIVITY:
INSANEPRODUCTIVITY.com/VIPFRIEND

QUALITY SLEEP

Ways I will wind down to prepare for quality sleep:

Ex: Go to the gym and exhaust my body. Go for a long run.
Do squats till I drop.

The best way to get good sleep is to go to bed tired. **Physically tired.**

Don't know how to prepare yourself properly for quality sleep? I encourage you to Google it.
It's VITAL to your life.

2 X 2 MORNING ROUTINE BLUEPRINT

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KICKSTART

Ways I will kickstart myself...

Physically:

Ex: Drink water, make coffee, 5-7minutes of stretching, etc.

Emotionally:

Ex: Listen to DarrenDaily.

Mentally:

Ex: Take notes in journal, read for 30minutes, etc.

Spiritually:

Ex: Pray, meditate, gratitude journal, daily devotional, etc.

JAM

When I will do my first JAM Session each morning:

Where I will do my first JAM Session each morning:

Dirty Little Cheat: Do ANOTHER (gasp!) 90-minute JAM session BEFORE opening an email or the rest of the world into your primed sacred flow state.

CONSISTENCY is the key...
And the key to that is **SIMPLICITY**.

DARREN HARDY RESOURCES



BUSINESS MASTER CLASS

This virtual Business Master Class led personally by Darren for unusually driven business builders with an audacious ambition to pursue massive growth. This is for leaders with a passionate drive to be an industry game-changer, market authority, or a community transformer.

DHBusinessMasterClass.com



HERO'S JOURNEY

The marketplace landscape has radically changed over the last several years. To lead in the 21st century requires completely different skills and a new level of emotional intelligence. Designed in collaboration with the world's most admired and influential leaders of the modern age, this comprehensive development program will equip you to become the impact maker you seek to be.

HerosJourney.com



INSANE PRODUCTIVITY

For those who desire to be GREAT. INSANE PRODUCTIVITY is the ultimate self-mastery training that will give you the "unfair" success advantage you seek. 10X your productive results. Outperform your competition. Stress less, gain mental clarity and balance, and finally obtain whole-life success.

InsaneProductivity.com



HARDY CLUB

Inside this private virtual Clubhouse is where you get to meet and exchange key ideas, current insights, and new discoveries of what is powering the extraordinary success of these global high achievers now united together in this special Club.

HardyClub.com



THE ENTREPRENEUR FASTPASS

This is the essential training system needed to thrive as an entrepreneur. You will learn the best strategies Darren has ever collected from the most successful entrepreneurs in the world, focused on the four critical skills for entrepreneurial success: Sales, Recruiting, Leadership, and Productivity. This training course will save you from costly mistakes and significantly accelerate your success.

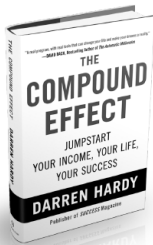
eFastpass.com



JUMPSTART

During this six-week digital training, Darren personally walks you through integrating the Operating System (OS) of the Compound Effect into your life to help you JUMPSTART your success and transform your future. This is the go-to system to easily change the CHOICES, BEHAVIOR, HABITS in accordance with the new goal you have... Or any project you want to accomplish.

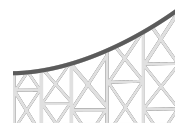
JumpStartMySuccess.com



THE COMPOUND EFFECT BOOK AND AUDIO PROGRAM—JUMPSTART YOUR INCOME, YOUR LIFE, YOUR SUCCESS

This is Darren's internationally renown New York Times best-selling book. It is a distillation of the fundamental principles that have guided the most phenomenal achievements in business, relationships, and beyond.

TheCompoundEffect.com



THE ENTREPRENEUR ROLLER COASTER BOOK AND AUDIO PROGRAM

Sixty-six percent of small business fail. It doesn't have to be that way. The Entrepreneur Roller Coaster is the essential guidebook you need to survive the scariest and most thrilling ride of your life. It will guide you safely past mistakes most make and equip you with the essential skills you need to thrive as an entrepreneur.

RollerCoasterBook.com



LIVING YOUR BEST YEAR EVER—A PROVEN SYSTEM TO ACHIEVE BIG GOALS

This is the system Darren has used for more than 25 years to design, stick to and achieve his own big goals. Included this annual journal is a step by step, week by week Achievement Management System which will act as your GPS guidance system all year long.

DarrenHardy.com/BestYear



DARRENDAILY JOURNAL

The DarrenDaily Journal is designed to help you turn ideas into actions. Included in this journal are 260 pages for the 260 days spent together on DarrenDaily each year. It gives you a place to capture your notes and then plan your action on the key idea for that day.

DarrenDailyJournal.com



DARRENDAILY

Join 350,000+ global high-achievers who kickstart their day with DarrenDaily. Receive a specially created video message, under 5 minutes, 260 days a year with one BIG idea to ignite your mind, compound your success and help you become #BetterEveryDay.

DarrenDaily.com



DARRENDAILY ON-DEMAND

DarrenDaily On-Demand is a podcast designed to act as a companion to the DarrenDaily morning mentoring sessions. A way to re-visit, be reminded and to turn ideas into practice and practice, ultimately, into success mastery.

DarrenDailyOnDemand.com